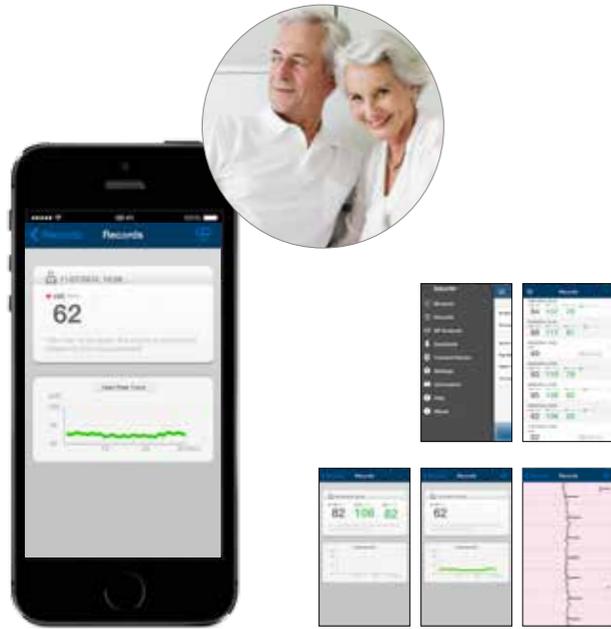


Beurer CardioExpert app



Accurate ECG measurement at home – with our ME 90 and BM 95 products and the free Beurer CardioExpert app you can monitor your vital statistics and share this data with your doctor.



Convenience at home:
ECG competence centre



ME 90



BM 95

BM 95



- Optimum monitoring of blood pressure and heart rhythm via app + software
- **Bluetooth®** Smart for transfer of measurement data to your smartphone
- Advanced arrhythmia detection (including atrial fibrillation and extrasystoles)
- 1-channel ECG for recording heart rhythm
- Immediate brief information about heart rhythm after completion of recording
- Fully automatic measurement of blood pressure and pulse on the upper arm
- 2 x 60 memory spaces
- Universal cuff for upper arm circumferences of 22 - 42 cm



2-in-1
Blood pressure monitor with ECG function

Bluetooth® Smart

The easiest way to transfer your data to your PC.

ME 90



- Records the heart rhythm
- Self-monitoring of heart function at home or away
- **Bluetooth®** Smart for transfer of measurement data to your smartphone
- Duration of recording: 30 seconds
- Immediate information about heart rhythm after completion of recording
- 36 memory spaces



Keep track of your heart rhythm at any
time with the mobile ECG device

PC software and app

Simple and detailed display and evaluation for self-monitoring and for your doctor.



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beurer
HEALTH AND WELL-BEING



Beurer
CardioExpert
system

monitor your heart
anytime, anywhere

757_390_1015 Subject to errors and changes; smartphones, tablets and laptops are not included in delivery



germanengineering



Keep track of your heart rhythm at any time with the Beurer ECG devices



Diseases affecting the heart and circulation are very common. In the majority of cases of heart disease, the electrocardiogram (ECG) contains visible changes that the ME 90 and BM 95 devices can detect.

The typical early symptoms of heart disease include cardiac arrhythmia. If present in the ECG, this is reliably detected by the ME 90 and BM 95.



Cardiac arrhythmia may have various medical causes.

Organic causes

Cardiac causes

- Heart muscle diseases
- Non-infectious (expansion/thickening of the heart muscle); infectious: cardiomyositis (virus in the muscle)
- Coronary causes (coronary artery constriction resulting from high blood pressure or high cholesterol)
- Heart valve diseases (aortic stenosis, mitral stenosis)

Extracardiac causes

- Arterial high blood pressure
- Fever
- Hyperthyroidism (overactive thyroid)
- Respiratory diseases with resulting oxygen depletion
- Age

Extraorganic causes

Medication

- Antihypertensives (e.g. beta blockers)
- Antidepressants
- Medication for treating asthma and a range of other medication

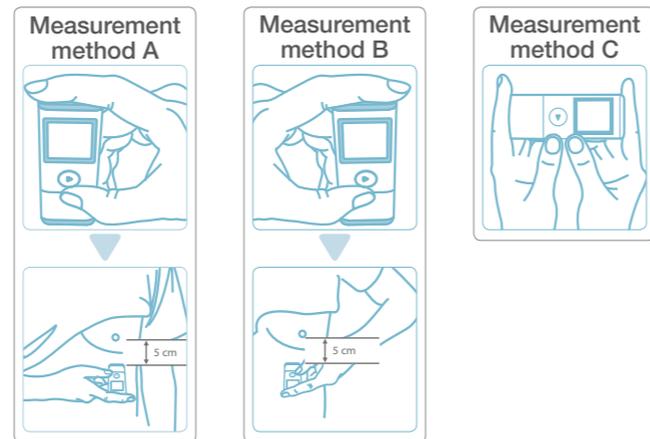
Lifestyle

- Stress
- Lack of sleep
- Stimulants (alcohol, caffeine)

The stated causes affect a high proportion of the population. The two devices ME 90 and BM 95 can be used to carry out an ECG recording anywhere, at any time. This enables early detection of ECG changes and thus allows preventive measures to be taken in good time, e.g. in the course of a visit to the doctor.

Can I measure an ECG by myself?

As the ME 90 and BM 95 are easy to use, you can carry out an ECG recording without prior knowledge. The heart rhythm is recorded for 30 seconds. An integrated memory provides space for 36 values in the ME 90 and 2 x 60 memory spaces in the BM 95. The measurement is self-explanatory and is processed in the form of a printout for subsequent interpretation by the doctor. Different measurement methods allow you to make adjustments in line with your personal heart configuration.



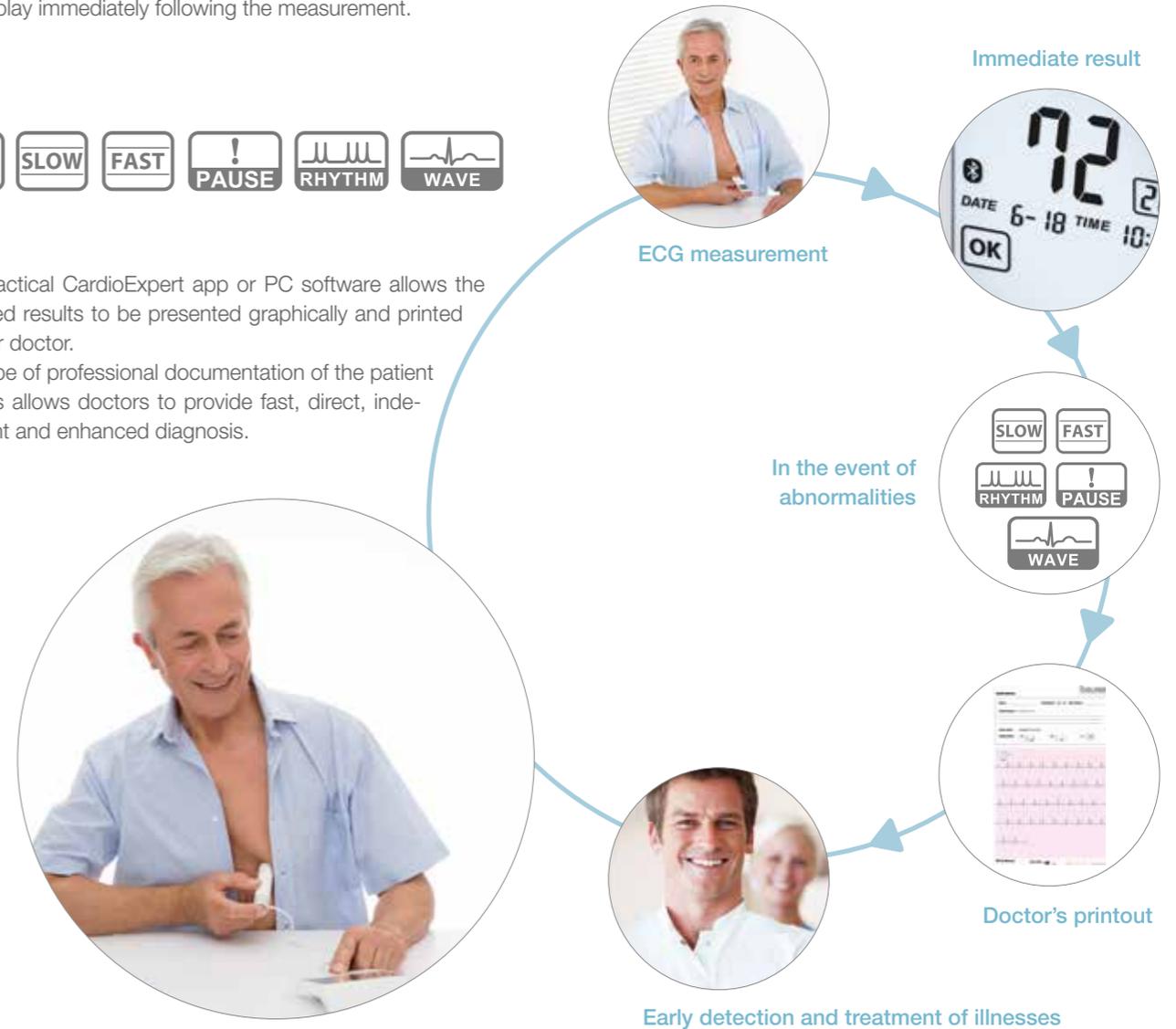
As a layperson, how can I evaluate an ECG?



The two devices perform the basic recording and evaluation. The ME 90 and the BM 95 automatically assess whether the ECG rhythm is too fast, too slow, irregular, linked to pauses or normal. In addition, an easily intelligible symbol is shown on the display immediately following the measurement.



The ME 90 and BM 95 mobile ECG measuring devices are the perfect self-monitoring tools when at home or away.



The practical CardioExpert app or PC software allows the recorded results to be presented graphically and printed for your doctor.

This type of professional documentation of the patient findings allows doctors to provide fast, direct, independent and enhanced diagnosis.

Early detection and treatment of illnesses